

<p>2 Apple Muffin Pears</p> <p><i>side items</i></p> <p>100% Fruit Juice 1% White milk or FF Flavored Milk</p>	<p>3 Reduced Sugar Cinnamon Toast Crunch cereal Pineapple</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>	<p>4 Omelet Wrap Apple</p> <p><i>side items</i></p> <p>100% Orange Juice 1% White milk or FF Flavored Milk</p>	<p>5 Blueberry Bagel w/cream cheese Raisins</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>	<p>6 Yogurt Parfait w/Granola Orange Wedges</p> <p><i>side items</i></p> <p>100% Fruit Juice 1% White milk or FF Flavored Milk</p>
<p>9 Blueberry Muffin Peaches</p> <p><i>side items</i></p> <p>100% Orange Juice 1% White milk or FF Flavored Milk</p>	<p>10 Bacon, egg & cheese on a wrap Mixed Fruit</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>	<p>11 Reduced Sugar Lucky Charms Cereal Applesauce</p> <p><i>side items</i></p> <p>100% Fruit Juice 1% White milk or FF Flavored Milk</p>	<p>12 Egg & Cheese on a bagel Craisins</p> <p><i>side items</i></p> <p>100% Orange Juice 1% White milk or FF Flavored Milk</p>	<p>13 Locally produced Shri Bark Banana</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>
<p>16</p> <p><i>side items</i></p>	<p>17</p> <p><i>side items</i></p>	<p>18</p> <p><i>side items</i></p>	<p>19</p> <p><i>side items</i></p>	<p>20</p> <p><i>side items</i></p>
<p>23 Gluten free Apple Cinnamon Cheerios Pineapple</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>	<p>24 Blueberry Muffin Raisins</p> <p><i>side items</i></p> <p>100% Mixed Fruit juice 1% White milk or FF Flavored Milk</p>	<p>25 Omelet w/ Eng. Muffin Pears</p> <p><i>side items</i></p> <p>100% Orange Juice 1% White milk or FF Flavored Milk</p>	<p>26 Breakfast Flatbread Apple</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>	<p>27 Locally produced Shri Bark Orange Wedges</p> <p><i>side items</i></p> <p>100% Fruit Juice 1% White milk or FF Flavored Milk</p>
<p>30 Banana Muffin Applesauce</p> <p><i>side items</i></p> <p>100% Orange Juice 1% White milk or FF Flavored Milk</p>	<p>1 WG Cinnamon Raisin Bagel Low fat Cream cheese Peaches</p> <p><i>side items</i></p> <p>100% Fruit Juice 1% White milk or FF Flavored Milk</p>	<p>2 Breakfast sliders Mixed Fruit</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>	<p>3 Reduced Sugar Trix Cereal Banana</p> <p><i>side items</i></p> <p>100% mixed fruit juice 1% White milk or FF Flavored Milk</p>	<p>4 Egg & Cheese wrap Craisins</p> <p><i>side items</i></p> <p>100% Orange Juice 1% White milk or FF Flavored Milk</p>



What Makes a Breakfast??
3 items, one of them must be a fruit or juice.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Make your server aware of any food allergies!



Free/Reduced Applications

Any time your financial situation changes you can submit a free/reduced lunch application.



Universal Free!
All Cranston students are entitled to free breakfast



Contact Us:
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