

**27**  
**Apple Frudel**  
 Pineapples

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*side items*

Orange juice  
 Low fat Milk

**28**  
**Cinnamon filled bagel w/cream cheese**  
 Fresh Apple

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*side items*

100% Mixed Fruit juice  
 Low Fat Milk

**29**  
**Oatmeal CC Benefit Bar**  
 Apple Sauce

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*side items*

Orange Juice  
 Low Fat Milk

**30**  
**Cinnamon Apple muffin**  
 Raisins

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*side items*

100% Mixed Fruit juice  
 Low Fat Milk

**1**  
**Despicable Me grahams**  
 LF Yogurt  
 Fresh grapes

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*side items*

Apple juice  
 Low Fat Milk

**4**  
**Lucky Charms**  
 String Cheese  
 Fresh Apple

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*side items*

Orange juice  
 Low Fat Milk

**5**  
**Blueberry Muffin**  
 Mixed Fruit

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*side items*

100% Mixed Fruit juice  
 Low Fat Milk

**6**  
**Trix Cereal Bar**  
 Diced peaches

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*side items*

Orange Juice  
 Low Fat Milk

**7**  
**Apple Frudel**  
 Banana

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*side items*

100% Mixed Fruit juice  
 Low Fat Milk

**8**  
**Mini Waffles**  
 Orange Wedges

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*side items*

Apple juice  
 Low Fat Milk

**11**  
**French Toast Benefit Bar**  
 Pineapple

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*side items*

Orange juice  
 Low fat milk

**12**  
**Cinni Minis**  
 Mixed Fruit

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*side items*

100% mixed fruit juice  
 Low fat milk

**13**  
**Despicable Me grahams**  
 LF yogurt  
 Pears

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*side items*

Orange juice  
 Low fat milk

**14**  
**Locally produced Shri Bark**  
 Banana

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*side items*

100% mixed fruit juice  
 Low fat milk

**15**  
**Cinnamon Apple muffin**  
 Diced Peaches

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*side items*

Apple juice  
 Low fat milk

**18**  
**Mini French Toast**  
 Fresh Apple

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*side items*

Orange Juice  
 Low Fat Milk

**19**  
**Blueberry Muffin**  
 LF Yogurt  
 Orange Wedges

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*side items*

100% Mixed Fruit juice  
 Low Fat Milk

**20**  
**Cinnamon Breakfast Round**  
 Apple Sauce

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*side items*

Orange juice  
 Low Fat Milk

**21**  
**Cinni Minis**  
 Craisins

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*side items*

100% Mixed Fruit juice  
 Low Fat Milk

**22**  
**Apple Frudel**  
 Grapes

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*side items*

Apple juice  
 Low Fat Milk

**25** Holiday Recess

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*side items*

**26**

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*side items*

**27**

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*side items*

**28**

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*side items*

**29**

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*side items*



**What Makes a Breakfast??**  
 3 items, one of them must be a fruit or juice.

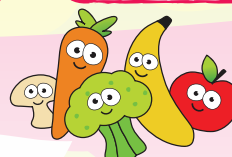
Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

*Nutritional Messages may vary by school.*

This institution is an equal opportunity provider.

**Make your server aware of any food allergies!**



**Free/Reduced Applications**

Any time your financial situation changes you can submit a free/reduced lunch application.



**Universal Free!**  
 All Cranston students are entitled to free breakfast



**Contact Us:**  
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