



# Cranston Secondary Breakfast

December 2017

<b>27</b> <b>Apple Frudel</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>28</b> <b>Cinnamon Filled Bagel</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>29</b> <b>Oatmeal CC Benefit bar</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>30</b> <b>Cinnamon Apple Muffin</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>1</b> <b>Mini French Toast</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk
<b>4</b> <b>Strawberry cream cheese filled bagel</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>5</b> <b>Cinnamon Toast Crunch Breakfast bar</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>6</b> <b>WG Bagel w/cream cheese</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>7</b> <b>Apple Bosco sticks</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>8</b> <b>Blueberry Waffle</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk
<b>11</b> <b>Oatmeal chocolate Benefit bar</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>12</b> <b>Cinni Mini</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>13</b> <b>Mini French Toast</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>14</b> <b>Cinnamon filled bagels</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>15</b> <b>CC Granola Round</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk
<b>18</b> <b>Mini French Toast</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>19</b> <b>Blueberry Muffin</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>20</b> <b>Cinnamon Breakfast Round</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>21</b> <b>Cinni Mini</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk	<b>22</b> <b>Cherry Frudel</b> <i>side items</i> <b>Breakfast Fruit Bar</b> 100% Fruit juice, Low-fat Milk
<b>25</b> <sup>H</sup>  <i>side items</i>	<b>26</b>  <i>side items</i>	<b>27</b>  <i>side items</i>	<b>28</b>  <i>side items</i>	<b>29</b>  <i>side items</i>

A complete breakfast consist of three items, one of those must be a fruit or juice.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

*Nutritional Messages may vary by school.*

Make your server aware of any food allergies.



### Free/Reduced Applications

If your financial situation has changed, a new application can be submitted.

**Universal Free!**  
All Cranston students entitled to free breakfast.



**Contact Us:**  
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This institution is an equal opportunity provider.

