

<p>1 Happy New Year</p> <p><i>side items</i></p>	<p>2 Cinnamon Chex Cereal Apple</p> <p><i>side items</i></p> <p>100% Orange juice 1% White milk or FF Flavored Milk</p>	<p>3 Breakfast Pizza Mixed Fruit</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>	<p>4 Egg & Cheese on a biscuit Peaches</p> <p><i>side items</i></p> <p>100% Mixed Fruit juice 1% White milk or FF Flavored Milk</p>	<p>5 Yogurt Parfait w/Granola Banana</p> <p><i>side items</i></p> <p>100% Orange Juice 1% White milk or FF Flavored Milk</p>
<p>8 Blueberry Muffin Pineapple</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>	<p>9 Bacon, Egg & cheese on a bagel Raisins</p> <p><i>side items</i></p> <p>100% Mixed Fruit juice 1% White milk or FF Flavored Milk</p>	<p>10 Omelet w/Biscuit Pears</p> <p><i>side items</i></p> <p>100% Orange Juice 1% White milk or FF Flavored Milk</p>	<p>11 English Muffin w/Jelly Apple</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>	<p>12 Locally produced Shri Bark Orange Wedges 1</p> <p><i>side items</i></p> <p>100% Fruit Juice 1% White milk or FF Flavored Milk</p>
<p>15 MLK Jr. Day</p> <p><i>side items</i></p>	<p>16 Banana Muffin Applesauce</p> <p><i>side items</i></p> <p>100% Orange Juice 1% White milk or FF Flavored Milk</p>	<p>17 Breakfast Pizza Mixed Fruit</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>	<p>18 Reduced Sugar Froot Loops Cereal Banana</p> <p><i>side items</i></p> <p>100% mixed fruit juice 1% White milk or FF Flavored Milk</p>	<p>19 Sausage, Egg & Cheese on a biscuit Craisins</p> <p><i>side items</i></p> <p>100% Orange Juice 1% White milk or FF Flavored Milk</p>
<p>22 Apple Muffin Pears</p> <p><i>side items</i></p> <p>100% Fruit Juice 1% White milk or FF Flavored Milk</p>	<p>23 Egg & Cheese on an English Muffin Pineapple</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>	<p>24 Omelet Wrap Apple</p> <p><i>side items</i></p> <p>100% Orange Juice 1% White milk or FF Flavored Milk</p>	<p>25 English Muffin w/Jelly Raisins</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>	<p>26 Yogurt Parfait w/Granola Orange Wedges</p> <p><i>side items</i></p> <p>100% Fruit Juice 1% White milk or FF Flavored Milk</p>
<p>29 Blueberry Muffin Peaches</p> <p><i>side items</i></p> <p>100% Orange Juice 1% White milk or FF Flavored Milk</p>	<p>30 Ham, Egg & Cheese on an English Muffin Mixed Fruit</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>	<p>31 Reduced Sugar Lucky Charms Cereal Applesauce</p> <p><i>side items</i></p> <p>100% Fruit Juice 1% White milk or FF Flavored Milk</p>	<p>1 Egg & Cheese on a bagel Craisins</p> <p><i>side items</i></p> <p>100% Orange Juice 1% White milk or FF Flavored Milk</p>	<p>2 Locally produced Shri Bark Banana</p> <p><i>side items</i></p> <p>100% Apple juice 1% White milk or FF Flavored Milk</p>



What Makes a Breakfast??
3 items, one of them must be a fruit or juice.

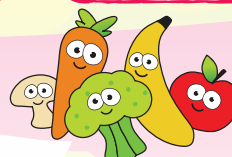


Local ingredients are always used when in season



Ovo-Lacto Vegetarian, may contain Egg & Milk

Make your server aware of any food allergies!



Free/Reduced Applications

Any time your financial situation changes you can submit a free/reduced lunch application.



Universal Free!

All Cranston students are entitled to free breakfast



Contact Us:

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Nutritional Messages may vary by school.

This institution is an equal opportunity provider.