

28

side items

29
Blueberry Muffin
 Pineapple

100% Apple juice
 1% White milk or FF Flavored Milk

30
GF Apple Cinnamon
Cherrios
 Pears

100% Orange Juice
 1% White milk or FF Flavored Milk

31
Bacon, Egg and
cheese wrap
 Apple

100% Apple juice
 1% White milk or FF Flavored Milk

1
Locally produced Shri
Bark
 Orange Wedges

100% Fruit Juice
 1% White milk or FF Flavored Milk

4
Banana Muffin
 Applesauce

100% Orange Juice
 1% White milk or FF Flavored Milk

5
WG Cinnamon Raisin
Bagel
 Low fat Cream cheese
 Peaches

100% Fruit Juice
 1% White milk or FF Flavored Milk

6
Breakfast Sliders
 Mixed Fruit

100% Apple juice
 1% White milk or FF Flavored Milk

7
Reduced Sugar Trix
Cereal
 Banana

100% mixed fruit juice
 1% White milk or FF Flavored Milk

8
Egg & cheese Wrap
 Craisins

100% Orange Juice
 1% White milk or FF Flavored Milk

11
Apple Muffin
 Pears

100% Fruit Juice
 1% White milk or FF Flavored Milk

12
Reduced Sugar
Cinnamon Toast
Crunch Cereal
 Pineapple

100% Apple juice
 1% White milk or FF Flavored Milk

13
Omelet Wrap
 Apple

100% Orange Juice
 1% White milk or FF Flavored Milk

14
Breakfast Flatbread
 Raisins

100% Apple juice
 1% White milk or FF Flavored Milk

15
Yogurt Parfait
w/Granola
 Orange Wedges

100% Fruit Juice
 1% White milk or FF Flavored Milk

18
Locally Produced
Muffin
 Peaches

100% Orange Juice
 1% White milk or FF Flavored Milk

19
Pancakes
 Mixed Fruit

100% Apple juice
 1% White milk or FF Flavored Milk

20
Reduced Sugar Lucky
Charms Cereal
 Applesauce

100% Fruit Juice
 1% White milk or FF Flavored Milk

21
Egg & Cheese on a
bagel
 Craisins

100% Orange Juice
 1% White milk or FF Flavored Milk

22
New!!
 Apple/Cinnamon Shri Bark
 Banana

100% Apple juice
 1% White milk or FF Flavored Milk

25

side items

26

side items

27

side items

28

side items

29

side items



What Makes a Breakfast??
 3 items, one of them must be a fruit or juice.

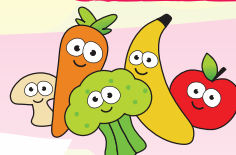
Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Make your server aware of any food allergies!



Summer Meals!

Watch for summer meals in the playground. All students eligible for free lunch!



Universal Free!

All Cranston students are entitled to free breakfast



Contact Us:

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