

30
Banana Muffin
 Applesauce
side items
 100% Orange Juice
 1% White milk or FF Flavored Milk

1
WG Cinnamon Raisin Bagel
 Low fat Cream cheese
 Peaches
side items
 100% Fruit Juice
 1% White milk or FF Flavored Milk

2
Breakfast Sliders
 Mixed Fruit
side items
 100% Apple juice
 1% White milk or FF Flavored Milk

3
Reduced Sugar Trix Cereal
 Banana
side items
 100% mixed fruit juice
 1% White milk or FF Flavored Milk

4
Egg & cheese Wrap
 Craisins
side items
 100% Orange Juice
 1% White milk or FF Flavored Milk

7
Apple Muffin
 Pears
side items
 100% Fruit Juice
 1% White milk or FF Flavored Milk

8
Reduced Sugar Cinnamon Toast Crunch Cereal
 Pineapple
side items
 100% Apple juice
 1% White milk or FF Flavored Milk

9
Omelet Wrap
 Apple
side items
 100% Orange Juice
 1% White milk or FF Flavored Milk

10
Blueberry Bagel w/cream cheese
 Raisins
side items
 100% Apple juice
 1% White milk or FF Flavored Milk

11
Yogurt Parfait w/Granola
 Orange Wedges
side items
 100% Fruit Juice
 1% White milk or FF Flavored Milk

14
Locally produced muffin
 Peaches
side items
 100% Orange Juice
 1% White milk or FF Flavored Milk

15
Pancakes
 Mixed Fruit
side items
 100% Apple juice
 1% White milk or FF Flavored Milk

16
Reduced Sugar Lucky Charms Cereal
 Applesauce
side items
 100% Fruit Juice
 1% White milk or FF Flavored Milk

17
Egg & Cheese on a bagel
 Craisins
side items
 100% Orange Juice
 1% White milk or FF Flavored Milk

18
New!! Apple/Cinnamon Shri Bark
 Banana
side items
 100% Apple juice
 1% White milk or FF Flavored Milk

21
Cinnamon Chex Cereal
 Apple
side items
 100% Orange juice
 1% White milk or FF Flavored Milk

22
Sausage Melt on a bagel
 Raisins
side items
 100% Mixed Fruit juice
 1% White milk or FF Flavored Milk

23
Frosted mini wheats
 Mixed Fruit
side items
 100% Apple juice
 1% White milk or FF Flavored Milk

24
Pancakes
 Peaches
side items
 100% Mixed Fruit juice
 1% White milk or FF Flavored Milk

25
Yogurt Parfait w/Graham crackers
 Banana
side items
 100% Orange Juice
 1% White milk or FF Flavored Milk

28
Memorial Day Observed
side items

29
Blueberry Muffin
 Pineapple
side items
 100% Apple juice
 1% White milk or FF Flavored Milk

30
GF Apple Cinnamon Cheerios
 Pears
side items
 100% Orange Juice
 1% White milk or FF Flavored Milk

31
Bacon, Egg and cheese wrap
 Apple
side items
 100% Apple juice
 1% White milk or FF Flavored Milk

1
Locally produced Shri Bark
 Orange Wedges
side items
 100% Fruit Juice
 1% White milk or FF Flavored Milk



What Makes a Breakfast??
 3 items, one of them must be a fruit or juice.

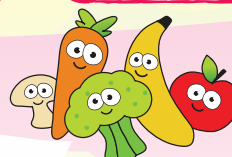
Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Make your server aware of any food allergies!



Shri Bark, RI made!

Locally produced Shri Bark is a soft granola style breakfast round. Packed with whole grains, low-sugar and fat!



Universal Free!

All Cranston students are entitled to free breakfast



Contact Us:

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