

30
French Toast Benefit Bar
Pineapple

side items

Orange juice
Low fat milk

1
Cinni Minis
Mixed Fruit

side items

100% mixed fruit juice
Low fat milk

2
Despicable Me grahams
LF yogurt
Pears

side items

Orange juice
Low fat milk

3
Locally produced Shri Bark
Banana

side items

100% mixed fruit juice
Low fat milk

4
Cinnamon Apple muffin
Diced Peaches

side items

Apple juice
Low fat milk

7
Mini French Toast
Fresh Apple

side items

Orange Juice
Low Fat Milk

8
Blueberry Muffin
LF Yogurt
Orange Wedges

side items

100% Mixed Fruit juice
Low Fat Milk

9
Cinnamon Breakfast Round
Apple Sauce

side items

Orange juice
Low Fat Milk

10
Cinni Minis
Craisins

side items

100% Mixed Fruit juice
Low Fat Milk

11
Apple Frudel
Grapes

side items

Apple juice
Low Fat Milk

14
Mini Waffles
Diced pears

side items

Orange Juice
Low Fat Milk

15
Cinni Minis
Orange Wedges

side items

100% Mixed Fruit juice
Low Fat Milk

16
Cinnamon Toast Crunch Bar
w/string cheese
Pears

side items

Orange Juice
Low Fat Milk

17
Shri Bark
Banana

side items

100% Mixed Fruit juice
Low Fat Milk

18
Lucky Charms
LF Yogurt
Diced peaches

side items

Apple juice
Low Fat Milk

21
Apple Frudel
Pineapples

side items

Orange juice
Low fat Milk

22
Cinnamon filled bagel w/cream cheese
Fresh Apple

side items

100% Mixed Fruit juice
Low Fat Milk

23
Oatmeal CC Benefit Bar
Apple Sauce

side items

Orange Juice
Low Fat Milk

24
Cinnamon Apple muffin
Raisins

side items

100% Mixed Fruit juice
Low Fat Milk

25
Despicable Me grahams
LF Yogurt
Fresh grapes

side items

Apple juice
Low Fat Milk

28

side items

29
Blueberry Muffin
Mixed Fruit

side items

100% Mixed Fruit juice
Low Fat Milk

30
Trix Cereal Bar
Diced peaches

side items

Orange Juice
Low Fat Milk

31
Apple Frudel
Banana

side items

100% Mixed Fruit juice
Low Fat Milk

1
Mini Waffles
Orange Wedges

side items

Apple juice
Low Fat Milk



Cereal, Low fat yogurt, Low fat string cheese, Locally made muffins, juice, low fat milk and fruit are daily breakfast options.

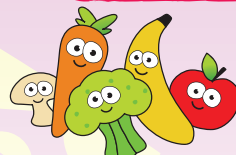


Local ingredients are always used when in season



Ovo-Lacto Vegetarian, may contain Egg & Milk

Make your server aware of any food allergies!



Free/Reduced Applications

Any time your financial situation changes you can submit a free/reduced lunch application.



Universal Free!

All Cranston students are entitled to free breakfast



Contact Us:

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Nutritional Messages may vary by school.

This institution is an equal opportunity provider.