

30
Lucky Charms
 String Cheese
 Fresh Apple

side items

Orange juice
 Low Fat Milk

31
Chocolate chip muffin
 Mixed Fruit

side items

100% Mixed Fruit juice
 Low Fat Milk

1
Trix Cereal Bar
 Diced peaches

side items

Orange Juice
 Low Fat Milk

2
Apple Bosco stick
 Banana

side items

100% Mixed Fruit juice
 Low Fat Milk

3
Mini Waffles
 Orange Wedges

side items

Apple juice
 Low Fat Milk

6
French Toast Benefit Bar
 Pineapple

side items

Orange juice
 Low fat milk

7
Cinni Minis
 Mixed Fruit

side items

100% mixed fruit juice
 Low fat milk

8
Despicable Me grahams
 LF yogurt
 Pears

side items

Orange juice
 Low fat milk

9
Locally produced Shri Bark
 Banana

side items

100% mixed fruit juice
 Low fat milk

10 No school

side items

13
Mini French Toast
 Fresh Apple

side items

Orange Juice
 Low Fat Milk

14
Blueberry Muffin
 LF Yogurt
 Orange Wedges

side items

100% Mixed Fruit juice
 Low Fat Milk

15
Cinnamon Breakfast Round
 Apple Sauce

side items

Orange juice
 Low Fat Milk

16
Cinni Minis
 Craisins

side items

100% Mixed Fruit juice
 Low Fat Milk

17
Apple Frudel
 Grapes

side items

Apple juice
 Low Fat Milk

20
Mini Waffles
 Diced pears

side items

Orange Juice
 Low Fat Milk

21
Cinni Minis
 Orange Wedges

side items

100% Mixed Fruit juice
 Low Fat Milk

22
Cinnamon Toast Crunch Bar
 w/string cheese
 Pears

side items

Orange Juice
 Low Fat Milk

23 **Thanksgiving**

24

side items

27
Apple Frudel
 Pineapples

side items

Orange juice
 Low fat Milk

28
Cinnamon filled bagel w/cream cheese
 Fresh Apple

side items

100% Mixed Fruit juice
 Low Fat Milk

29
Oatmeal CC Benefit Bar
 Apple Sauce

side items

Orange Juice
 Low Fat Milk

30
Cinnamon Apple muffin
 Raisins

side items

100% Mixed Fruit juice
 Low Fat Milk

1
Despicable Me grahams
 LF Yogurt
 Fresh grapes

side items

Apple juice
 Low Fat Milk



What Makes a Breakfast??
 3 items, one of them must be a fruit or juice.

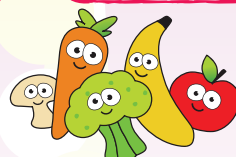
Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Make your server aware of any food allergies!



Free/Reduced Applications

Any time your financial situation changes you can submit a free/reduced lunch application.



Universal Free!

All Cranston students are entitled to free breakfast



Contact Us:

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