



# Charter Lunch Menu

November 2017

**30**  
**Chili Cheese Dog**  
 Chicken caesar wrap  
 Popcorn chicken salad w/goldfish

*side items*

**Fresh Fruit & Veg Bar**  
 Roasted Zucchini

**31**  
**Country Chicken Bowl**  
 Chicken caesar wrap  
 Popcorn chicken salad w/goldfish

*side items*

**Fresh Fruit & Veg Bar**  
 Kickin Pinto beans

**1**  
**Chicken Tenders w/flatbread**  
 Chicken caesar wrap  
 Popcorn chicken salad w/goldfish

*side items*

**Fresh Fruit & Veg Bar**  
 Celery sticks

**2**  
**Roasted Turkey w/gravy & stuffing**  
 Chicken caesar wrap  
 Popcorn chicken salad w/goldfish

*side items*

**Fresh Fruit & Veg Bar**  
 Local rst pot. Wedges

**3**  
**Chicken Ranch BLT**  
 Chicken caesar wrap  
 Popcorn chicken salad w/goldfish

*side items*

**Fresh Fruit & Veg Bar**  
 Steamed broccoli

**6**  
**Spaghetti & meatballs w/breadstick**  
 Chicken Salad BLT  
 Tuna salad platter w/veg & pretzel

*side items*

**Fresh Fruit & Veg Bar**  
 Garden salad

**7**  
**Fish sticks w/mac & cheese**  
 Chicken Salad BLT  
 Tuna salad platter w/veg & pretzel

*side items*

**Fresh Fruit & Veg Bar**  
 Green beans

**8**  
**Tex-mex popcorn chicken w/breadstick**  
 Chicken Salad BLT  
 Tuna salad platter w/veg & pretzel

*side items*

**Fresh Fruit & Veg Bar**  
 Baked Fries

**9**  
**Cubano Flatbread sandwich**  
 Chicken Salad BLT  
 Tuna salad platter w/veg & pretzel

*side items*

**Fresh Fruit & Veg Bar**  
 BBQ black beans

**10** No School

*side items*

**13**  
**Chicken Nuggets w/flatbread**  
 Southwest chicken pinwheel  
 Chicken Caesar salad w/goldfish

*side items*

**Fresh Fruit & Veg Bar**  
 Mashed potatoes

**14**  
**Rotini w/meatsauce**  
 Southwest chicken pinwheel  
 Chicken Caesar salad w/goldfish

*side items*

**Fresh Fruit & Veg Bar**  
 Green beans

**15**  
**Buffalo chicken sandwich**  
 Southwest chicken pinwheel  
 Chicken Caesar salad w/goldfish

*side items*

**Fresh Fruit & Veg Bar**  
 Carrot coins

**16**  
**Meatball Parmesan sub**  
 Southwest chicken pinwheel  
 Chicken Caesar salad w/goldfish

*side items*

**Fresh Fruit & Veg Bar**  
 Vegetable baked beans

**17**  
**General Tsao's Chicken w/rice**  
 Southwest chicken pinwheel  
 Chicken Caesar salad w/goldfish

*side items*

**Fresh Fruit & Veg Bar**  
 Spinach salad

**20**  
**Meatloaf & gravy w/a roll**  
 Turkey sub w/L&T  
 Ham Chef's Salad w/a roll

*side items*

**Fresh Fruit & Veg Bar**  
 Seasoned Corn

**21**  
**Popcorn Chicken Bowl w/pretzel**  
 BBQ chicken Melt  
 Turkey sub w/L&T  
 Ham Chef's Salad w/a roll

*side items*

**Fresh Fruit & Veg Bar**  
 Chipotle Beans

**22**  
**Baked Pasta**  
 Turkey sub w/L&T  
 Ham Chef's Salad w/a roll

*side items*

**Fresh Fruit & Veg Bar**  
 Sweet Potato fries

**23** **Thanksgiving**

**24**

*side items*

**27**  
**Breaded mozzarella sticks w/marinara**  
 Egg Salad sub  
 Fruit, cheese & yogurt plate w/pretzel

*side items*

**Fresh Fruit & Veg Bar**  
 Peas

**28**  
**Cajun meatball stew w/a roll**  
 Egg Salad sub  
 Fruit, cheese & yogurt plate w/pretzel

*side items*

**Fresh Fruit & Veg Bar**  
 Red Pepper strips

**29**  
**General Tsao's Chicken w/fried rice**  
 Egg Salad sub  
 Fruit, cheese & yogurt plate w/pretzel

*side items*

**Fresh Fruit & Veg Bar**  
 Zucchini

**30**  
**4 Cheese Mac & cheese**  
 Egg Salad sub  
 Fruit, cheese & yogurt plate w/pretzel

*side items*

**Fresh Fruit & Veg Bar**  
 Charro beans

**1**  
**Pepper/beef calzone**  
 Egg Salad sub  
 Fruit, cheese & yogurt plate w/pretzel

*side items*

**Fresh Fruit & Veg Bar**  
 Garden salad

Daily options include, chicken patty, burgers and pizza. Ala carte snacks can be purchased 50-1.50.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Make your server aware of any food allergies.



### November Fuel specials!

Fuel for the month focuses on cold sandwiches, try a new chicken sandwich!

Contact us:  
aramark@cpsed.net



Lunch Prices:  
Full pay 3.25, reduced .40 and milk .50

